

Prestation's By Sarah Heath 2023 -2024

Here's a summary of the available topic options:

Sensory Herbs:

- Description: Sarah takes you through all your senses, introducing culinary herbs with unique qualities you can grow and how to use them in your kitchen garden.
- Cost: \$170

The Jazzed Salad:

- Description: Join Sarah as she explores the world of 'The Fancy Salad Leaves' and shares information about growing them in your garden for beautiful and flavourful salads.
- Cost: \$170

Easiest Herbs Ever To Grow:

- Description: Sarah will guide you in growing easy and rewarding herbs, particularly if you're new to gardening. Learn about the best herbs to grow, care for and their culinary and well-being uses.
- Cost: \$170

The Tastiest Edible Flowers to Grow and your patch and why you should grow them:

- Description: Sarah will discuss the tastiest edible flowers to grow in your garden, their flavours, and how to grow and use them. Tastings are included.
- Cost: \$180

Hydroponics Essentials:

- Description: This presentation introduces hydroponics, sharing lessons from Sarah's 20 years of experience. It aims to help beginners avoid common mistakes and achieve successful hydroponic gardening.
- Cost: \$180

Harvest for Abundant Growth:

- Description: learn the best practices for harvesting herbs and edible flowers to ensure abundant growth and continuous harvests. Sarah will share her expertise on when and how to harvest different herbs and flowers, including tips for preserving and storing them properly.
- Cost: \$170.

Herby Lunch Snacks:

- Description: Discover the delightful world of herby lunch box snacks Sarah makes for her growing children. Explore the art of incorporating herbs into your daily snacks and elevate your lunchtime experience. Tastings are available as an optional add-on for an additional \$30.
- Cost: \$ 170 (with tastings of +\$30)

Culinary Herb Propagation

- Description: Sarah will share knowledge and her personal experiences in herb propagation. You'll leave the session equipped with the knowledge and confidence to propagate your favourite herbs at home, expanding your garden and enjoying the benefits of fresh herbs.
- Cost: \$180

These options cover various topics related to herbs, salads, edible flowers, and hydroponics, providing knowledge and guidance for enthusiasts and beginners alike.

Presentations include.

- 45 min talk & 15min question time.
- PowerPoint, display items
- Travel of 80 km round trip. Extra Travel \$2/1km Basilea Farm return from the venue,

To book a time Call 0413 241 576 or Email Basilea@live.com.au

